

The Canterbury Regional Council Delegates are elected by NZNO Members to represent you on matters raised in your workplaces. This regular newsletter keeps you in the loop on their work.

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Regional Council Awards

These awards are to recognise someone who has made a contribution to the Canterbury Region of the New Zealand Nurses Organisation. Awards are made at the Regional Council December meeting/Christmas Dinner.

If you have anyone you would like to nominate please email Fiona Palframan at:
fiona.palframan@nzno.org.nz

A word from the Canterbury | Waitaha Regional Council Chair

Kia Ora!

So, this marks my first newsletter officially as Chair for Canterbury Regional Council, and we've recently had Regional Convention, also my first one as Chair. But I couldn't do any of the work I do without the support of the rest of the Regional Council and Regional Management Team.

I loved seeing members from all over Canterbury/West Coast get together, network, learn and share stories from their work places. Our Convention is one of the biggest in the country, and also the most well attended, as we always have a waitlist.

For those of you reading that were at the convention thank you for your feedback on the day. We normally hold the convention in April, and this year we needed to (for various reasons) hold it in August, which meant we had to juggle some things and speakers around to fit our late notice programme. For those who suggested speakers, we're looking in to who we can ask to speak next time. And also, some good news, we're back to our usual time of year for 2024, so we're pretty much already planning for next year.

Recently I was in Tonga for a holiday, but funnily enough I just couldn't get away from the healthcare world. My guest house was also home to three English medical students and a team of visiting Australian Urological Surgeons, who travel over twice a year to crack out dozens of procedures during their short stay. My tour guide for the majority of the stay also turned out to be involved in youth work and public health, and had worked in with Tonga's Ministry of Health.

So from this, it always hits me, no matter where you are in the world there's always going to be some of the same pressures on the health system. For us in Christchurch we're very familiar with earthquakes, while in Tonga they are crawling through recovery from the devastating eruption of the Hunga Tonga-Hunga Ha'apai volcano and tsunami in 2022. Large areas of land are still uninhabitable and those who lived in the most affected areas are still waiting on more government support for housing. I heard stories of the visiting team of mental health clinicians sent over post-disaster, several from New Zealand. Sadly, fly in visits do not address the long-term issues trauma from such as devastating event. The teams had short appointments with people, last of whom were the people who were doing NGO work, who could have been given skills to continue that mahi long after the foreigners left.

While in New Zealand we don't rely on visiting medical teams from overseas for short term clinics, we are still seeing the impact of needing large amounts of foreign trained nursing and medical professionals to fill gaps in staffing. Everywhere is seeing nurses going to 'greener pastures', whether it be New Zealand Nurses to Australia or Tongan Nurses leaving for New Zealand. The impact of training and retaining our own, seems to be a universal issue – very evidenced by the fact the English medical students I met are mostly looking for jobs in Australia post-graduation later this year.

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GET IN TOUCH

We welcome readers to submit a comment, feedback, question, praise or complaint or suggestion please contact
Fiona.Palframan@nzno.org.nz

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Funding for primary care and prevention is also another area that seems to be globally problematic. Everyone's government seems to think the ideas of prevention and education are good, but lack the thought that these projects need adequate funding. Also the fact that it's not just things like hospital care that have importance on our overall health and wellbeing as a population. My guide was telling me that a lot of the work they do in their charity is working with youth, keeping them engaged in school and in social activities like sports. It's things like changing the perception of domestic and sexual violence against women and children, from something that is accepted or swept under the rug, to something that is unacceptable and needs to be reported to authorities.

It also reminded me of the good reputation of nursing. Despite the fact that sometimes at work we see people who may not be grateful for our care, or downright violent, there is an almost universal good will from the public in general. As those of you that know me, know that I have a large tattoo on my leg of a nurse, so it comes up quite commonly with strangers that I'm a Nurse. People want to know if we're doing ok as a profession, tell me that they have a nurse in their family and they're so proud, and that it is such good work we do.

Nga Mihi, hope each and every one of you are safe, are well and are enrolled to vote!

Erica Donovan

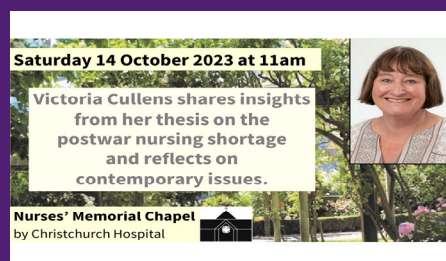
Regional Chair Canterbury Regional Council

Forthcoming Events

The 29th College of Emergency Nurses Conference 2023

"Ready to Respond—Kia
Mataara"

19-20 October 2023



Use this QR Code to Register
for the Professional Forums



Professional Forums

*Nursing practice is facing unprecedented challenges.
How can we maintain our professional standards
with so many competing demands?*

This forum will expand thinking on how the principles of **Maranga Mai!** can support nurses to maintain safe professional practice and have a voice in the role of nursing in healthcare for the people of Aotearoa.

Christchurch: 23 November 2023, Christchurch
Bridge Club 8:30 – 4:00

Auckland: 29 November 2023, Fairway Events
Centre, North Shore, 8:30 – 4:00

Wellington: 5 December 2023, via Zoom or in person
at Harbourside Function Centre, Wellington 8:30 –
4:00

Registration:

NZNO Members (in person or Zoom)	\$160
Non-Members (in person or Zoom)	\$220
Undergraduate/CAP Student members (in person)	\$50
Undergraduate/CAP Student members (Zoom)	\$0

For more information

https://www.nzno.org.nz/get_involved/event_calendar



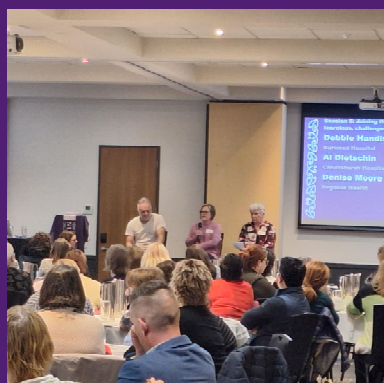
Professional Forum Rising up for Professional Nursing Practice – Maranga Mai!

8.00 – 8.30	Registration and Coffee
8.30 – 8.45	Waiata and Karakia Welcome and Introduction
8.45 – 9.15	The Future Workforce - In pursuit of Equity - New models of care in Aotearoa. Chief Nurse Lorraine Hetaraka, Whai Oritetanga (In person or zoom)
9.15 – 10.15	Maranga Mai and Professional Nursing Practice Paul Goulter, Anne Daniels
10.15 – 10.45	Paramanawa / Refreshments
10.45 – 11.30	Emerging models of care – innovative approaches (local innovations) (Regional speaker)
11.30 – 12.15	Update from Nursing Council Catherine Byrne, Clare Prendergast, Nick Davis
12.15 – 1pm	Tina/Lunch (provided for face-to-face attendees)
1pm – 1.45	Standing up for Nursing practice NZNO Professional Nursing Advisers
1.45 – 2.30	He toki ngao matariki (Resilient Health Care) – System safety, human factors and 'Healing, learning and improving from harm' Leona Dann & Gillian Allen, Te Tāhū Hauora, Health Quality & Safety Commission
2.30	Paramanawa / Refreshments
2.30 – 3pm	Assisted Dying Manu Pelayo, Principal Clinical Advisor Kaitohutohu Mātāmua Haumanu Assisted Dying Service
3pm – 3.45	Building Nursing Power - Using your Professional Voice to Influence Change Tali Williams, NZNO Director of Campaigns
3.45 – 4pm	Final comments, karakia and close

Topics may be subject to change.



NZNO Tōpūtanga Tapuhi Kaitiaki O Aotearoa
Canterbury | Waitaha Regional Convention 2023
“Our Nurses, Our Future”



National Council of Women of New Zealand
Te Kaunihera Wahine o Aotearoa
ŌTAUTAHĪ CHRISTCHURCH BRANCH



Suffrage Day Celebration

Speakers

Chrissy Mauger, Mayoress
of Christchurch

Tani Wati, Ngāi Tūāhuriri and Te Rūnanga
o Ngāi Tahu

Helen Osborne, Te Whare Waiutuutu

Kate Sheppard House

Nancy McShane, PSA

Sunita Gautam, Community Board

Rangi Ruru School Choir



Tuesday 19th September 2023

From 12 noon to 1pm

Kate Sheppard Memorial

Oxford Terrace, Christchurch



***ALL WELCOME** - please bring a flower – white camellia if possible.*

Christchurch
Heritage
Festival

6 – 23 October 2023

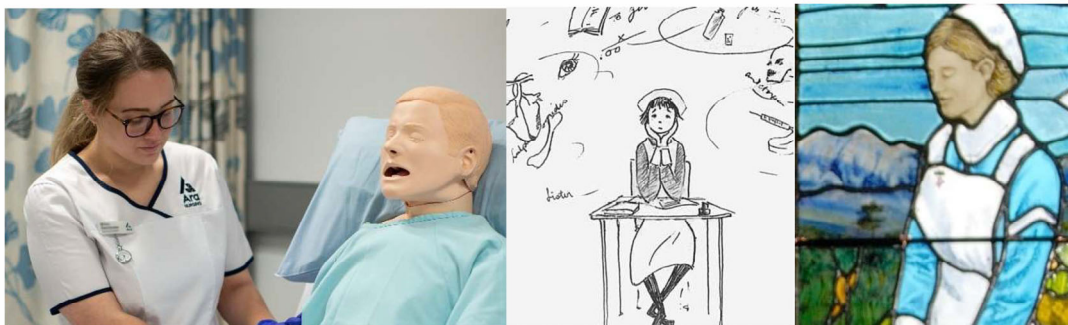
Nursing Education 1923 – 2023

A Century of Change

Daily 1pm - 4pm, Wed 11th – Sunday 15th October

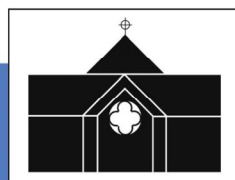
Visit the **Nurses' Memorial Chapel** to see displays about:

- Preliminary nursing school's first tutor, Mary Christmas
- School of Nursing ephemera and photos
- Timeline of amazing developments
- How nurses learn in the 21st century



2 Riccarton Ave by Christchurch Hospital

Christchurch Heritage Festival
6–23 October 2023



ccc.govt.nz/heritagefestival